

Pool Schedule (Maximum of 60 People –Operating at 1/3 Capacity)

| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------------------|--------------------------------------|--------------------------------------|--------------------------------------|--------------------------------------|--------------------------------------|-------------|-------------|
| 6:30 – 9:00 a.m. | Lane Swim | Lane Swim | Lane Swim | Lane Swim | Lane Swim | | |
| 8:00 – 8:30 a.m. | Aquafit | | Aquafit | | Aquafit | | |
| 10:30 – 12:00 p.m. | | | | | | Family Swim | Family Swim |
| 11:30 – 1:00 p.m. | Family Swim | Family Swim | Family Swim | Family Swim | Family Swim | | |
| 1:00 – 4:00 p.m. | Public Swim (no school days only) | Public Swim (no school days only) | Public Swim (no school days only) | Public Swim (no school days only) | Public Swim (no school days only) | Public Swim | Public Swim |
| 4:00 – 6:00 p.m. | | | | | | | |
| 6:00 – 7:30 p.m. | Public Swim | Public Swim | Public Swim | Public Swim | Public Swim 6:00 – 9:00pm | | |
| 7:30 – 8:15 p.m. | Shallow Aquafit | Deep Aquafit | Shallow Aquafit | Deep Aquafit | | | |
| 7:30 – 9:00pm | Lane/Adult Swim | Lane/Adult Swim | Lane/Adult Swim | Lane/Adult Swim | | | |

Gym Hours:

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|-----------|---------------------------|
| Monday | 6:30 a.m. – 9:00 p.m. |
| Tuesday | 6:30 a.m. – 9:00 p.m. |
| Wednesday | 6:30 a.m. – 9:00 p.m. |
| Thursday | 6:30 a.m. – 9:00 p.m. |
| Friday | 6:30 a.m. – 9:00 p.m. |
| Saturday | 10:30 a.m. – to 4:00 p.m. |
| Sunday | 10:30 a.m. – to 4:00 p.m. |

Restrictions:

- MAXIMUM OF 60 PEOPLE IN POOL
- MAXIMUM OF 6 PEOPLE IN HOT TUB
- MAXIMUM OF 2 PEOPLE IN STEAM ROOM
- MAXIMUM OF 2 PEOPLE IN GYM
- SOCIAL DISTANCING IS REQUIRED
- AQUATIC CENTRE IS RUNNING AT 1/3 CAPACITY
- MASKING IS REQUIRED WHEN ENTERING & EXITING FACILITY
- LANE SWIM: SOCIAL DISTANCING WHILE USING LANES APPROPRIATELY
- AQUAFIT: ADULT FITNESS CLASSES HAVE BEEN POSTPONED DUE TO CURRENT RESTRICTIONS (FLAGGED IN RED ON SCHEDULE)