

## Pool Schedule (Maximum of 60 People - Operating at 1/3 Capacity)

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30 – 9:00 am	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim		
8:00 – 8:30am	Aquafit		Aquafit		Aquafit		
10:30 – 12:00						Family Swim	Family Swim
11:30 – 1:00 pm	Family Swim	Family Swim	Family Swim	Family Swim	Family Swim		
1pm – 3pm	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim
3:00 – 4pm pm		Gentle Swim/Aquafit		Gentle Swim/Aquafit			
5:00 – 6:00 pm	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim		
6 pm – 7:30 pm	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim		
7:30 – 8:15	Shallow Aquafit	Deep Aquafit	Shallow Aquafit	Deep Aquafit			

Gym open: Monday – Thursday: 6:30 AM – 8:15PM Friday: 6:30 AM – 7:30 PM, Saturday/Sunday: 10:30 AM – 4:00 PM

### RESTRICTIONS

- MAXIMUM OF 60 PEOPLE IN POOL
- MAXIMUM OF 6 PEOPLE IN HOT TUB
- MAXIMUM OF 2 PEOPLE IN STEAM ROOM
- MAXIMUM OF 2 PEOPLE IN GYM
- Social Distancing is required.
- Aquatic Centre is running at 1/3 capacity.
- Masking is required when entering and exiting the facility.

Lane Swim: Social distancing while using lanes appropriately.

**Aquafit:** Adult Fitness Class has been **postponed** due to current restrictions.