

## Pool Schedule (Maximum of 30 People)

| Time            | Monday          | Tuesday             | Wednesday       | Thursday            | Friday      | Saturday    | Sunday      |
|-----------------|-----------------|---------------------|-----------------|---------------------|-------------|-------------|-------------|
| 6:30 – 9:00 am  | Lane Swim       | Lane Swim           | Lane Swim       | Lane Swim           | Lane Swim   |             |             |
| 8:00 – 8:30am   | Aquafit         |                     | Aquafit         |                     | Aquafit     |             |             |
| 10:30 – 12:00   |                 |                     |                 |                     |             | Family Swim | Family Swim |
| 11:30 – 1:00 pm | Family Swim     | Family Swim         | Family Swim     | Family Swim         | Family Swim |             |             |
| 1pm – 3pm       | Public Swim     | Public Swim         | Public Swim     | Public Swim         | Public Swim | Public Swim | Public Swim |
| 3:00 – 4pm pm   |                 | Gentle Swim/Aquafit |                 | Gentle Swim/Aquafit |             |             |             |
| 5:00 – 6:00 pm  | Lane Swim       | Lane Swim           | Lane Swim       | Lane Swim           | Lane Swim   |             |             |
| 6 pm – 7:30 pm  | Public Swim     | Public Swim         | Public Swim     | Public Swim         | Public Swim |             |             |
| 7:30 – 8:15     | Shallow Aquafit | Deep Aquafit        | Shallow Aquafit | Deep Aquafit        |             |             |             |

Gym open: Monday – Thursday: 6:30 Am – 8:15pm, Friday: 6:30 Am – 7:30 Pm, Saturday/Sunday: 10:30 Am – 4:00 Pm

### RESTRICTIONS

- **MAXIMUM OF 30 PEOPLE IN POOL**
- No hot tub
- No Steam Room

Lane Swim: Social distancing while using lanes appropriately.

Aquafit: Adult Fitness Class